



Spiritual Direction Intake Form

Thank you for your willingness to share this information. Your responses are confidential and will only be used as part of the spiritual direction process.

Please return completed form to Kathleen Teodoro, kfteodoro@gmail.com

Personal Information

Name

Street Address

City, State, ZIP

Email

Phone Number

Birth Date

Occupation

Religious Affiliation

Significant Relations

Interview Questions

1. Why are you seeking spiritual direction and why now?

Spiritual Direction Intake Form (continued)

2. What do you hope for from spiritual direction? Do you have any specific goals and aims for direction at this time?

3. Have you ever had spiritual direction before? For how many years? And how was that experience for you?

4. Have you ever made any retreats and what type were they? How were those experiences for you?

5. Who is God for you? What names, words or phrases describe God for you?

Spiritual Direction Intake Form (continued)

6. How have you/how do you experience God ('the sacred,' 'the divine,' 'the holy Presence') in your everyday life? Have you had any key experiences of God in your life? Please describe them briefly.

7. What is prayer like for you? Describe your current prayer practices, favorite forms of prayer, favorite places to pray.

8. How often do you take time for personal prayer? Do you ever pray with others? Has your prayer changed over the years? How?

9. Will you be able to pray (i.e., 'be before God' in whatever ways you choose) in the year ahead between the monthly spiritual direction meetings? (Note: this is important since 'noticing' from meeting to meeting where God has been present, or absent, in your experience is the focus and substance of spiritual direction.)